



# NEWSLETTER

[www.clubsixty.org](http://www.clubsixty.org)

(541) 660-2591

*Enriching the lives of older adults through positive activity, resources and healthy living.*

## OPEN: Tuesday & Thursday

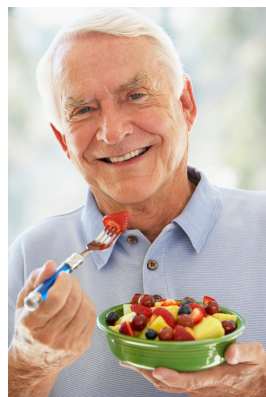
CLOSED: Monday, Wednesday and Friday

Tuesday Mar. 3 & 31	Thursday Mar. 5	Tuesday Mar. 10	Thursday Mar. 12	Tuesday Mar. 17	Thursday Mar. 19	Tuesday Mar. 24	Thursday March. 26
9am - 10am Breakfast Brigade (D)	9am -11am Arts & Crafts (D)	9am - 10am Breakfast Brigade (D)	9am -11am Arts & Crafts (D)	9am - 10am Breakfast Brigade (D)	9am -11am Arts & Crafts (D)	9am - 10am Breakfast Brigade (D)	9am -11am Arts & Crafts (D)
9am - 10:30am Veteran's Outreach	130pm - 330pm Pinochle (F)	10am - 11am Chair Yoga (D)	130 - 330pm Pinochle (F)	10am - 11am Chair Yoga (D)	130 - 330pm Pinochle (F)	10am - 11am Chair Yoga (D)	130 - 330pm Pinochle (F)
10am - 11am Chair Yoga (D)	130pm -330pm Mexican Train (D)	10am - 11am HASL (C)	130pm -330pm Mexican Train (D)	10am - 11am HASL (C)	130pm -330pm Mexican Train (D)	10am - 11am HASL (C)	130pm -330pm Mexican Train (D)
10am - 11am HASL (C)	2pm - 3pm Tai Chi	1:00-3:00pm Crochet & Knitting (C)	2pm - 3pm Tai Chi (D)	1:00 -3:00pm Crochet & Knitting (C)	2pm - 3pm Tai Chi (D)	1:00-3:00pm Crochet & Knitting (C)	2pm - 3pm Tai Chi (D)
1:00 - 3:00pm Crochet & Knitting (C)	3pm - 4:30pm Bingo for Fun (D)	2pm - 3pm Tai Chi (D)	3pm - 4:30pm Movies & Popcorn (D)	2pm - 3pm Tai Chi (D)	3pm - 4:30pm Bingo for Fun (D)	2pm - 3pm Tai Chi (D)	3pm - 4:30pm Bingo for Fun (D)
2pm - 3pm Tai Chi (D)	There will not be any form of gambling.	3pm - 330pm Meditation (C)		3pm - 330pm Meditation (C)	There will not be any form of gambling.	3pm - 330pm Meditation (C)	There will not be any form of gambling.
3pm - 330pm Meditation (C)							

**SALE . SALE . SALE .**  
**We NEED your stuff!**  
 See back for details.

**Happy Saint Patrick's Day!**

**Food & Friends**  
 (541) 955-8839  
**Lunch Served**  
 Monday - Friday  
 11:30AM - 12:30PM



Located inside the  
**Josephine County Senior Resource Center**  
 1150 NE 9th Street  
 Grants Pass, OR 97526  
 541-660-2591

**Club Sixty HOURS**  
 Tues. & Thurs.  
 9:00AM - 4:00PM

**FREE DONUTS**  
 for the Breakfast  
 Brigade every  
 Tuesday!  
 Thank you Magic  
 Donuts!



*How to find your event at the Josephine County Senior Resource Center*

